

Sunday 21 July

Ephesians 2:11-22 One in Christ

11 So then, remember that at one time you Gentiles by birth, called 'the uncircumcision' by those who are called 'the circumcision'—a physical circumcision made in the flesh by human hands — ¹²remember that you were at that time without Christ, being aliens from the commonwealth of Israel, and strangers to the covenants of promise, having no hope and without God in the world. ¹³But now in Christ Jesus you who once were far off have been brought near by the blood of Christ. ¹⁴For he is our peace; in his flesh he has made both groups into one and has broken down the dividing wall, that is, the hostility between us. ¹⁵He has abolished the law with its commandments and ordinances, so that he might create in himself one new humanity in place of the two, thus making peace, ¹⁶and might reconcile both groups to God in one body through the cross, thus putting to death that hostility through it. ¹⁷So he came and proclaimed peace to you who were far off and peace to those who were near; ¹⁸for through him both of us have access in one Spirit to the Father. ¹⁹So then you are no longer strangers and aliens, but you are citizens with the saints and also members of the household of God, ²⁰built upon the foundation of the apostles and prophets, with Christ Jesus himself as the cornerstone. ²¹In him the whole structure is joined together and grows into a holy temple in the Lord; ²²in whom you also are built together spiritually into a dwelling-place for God.

Mark 6:30-34, 53-56

Feeding the Five Thousand & Healing the Sick in Gennesaret

30 The apostles gathered around Jesus, and told him all that they had done and taught. ³¹He said to them, 'Come away to a deserted place all by yourselves and rest a while.' For many were coming and going, and they had no leisure even to eat. ³²And they went away in the boat to a deserted place by themselves. ³³Now many saw them going and recognized them, and they hurried there on foot from all the towns and arrived ahead of them. ³⁴As he went ashore, he saw a great crowd; and he had compassion for them, because

they were like sheep without a shepherd; and he began to teach them many things.

53 When they had crossed over, they came to land at Gennesaret and moored the boat. ⁵⁴When they got out of the boat, people at once recognized him, ⁵⁵and rushed about that whole region and began to bring the sick on mats to wherever they heard he was. ⁵⁶And wherever he went, into villages or cities or farms, they laid the sick in the market-places, and begged him that they might touch even the fringe of his cloak; and all who touched it were healed.

This is the Living Word

Praise to you, Lord Jesus Christ.